

# COLONIAL ACADEMY BREAKFAST

## August / September 2016

Monday	Tuesday	Wednesday	Thursday	Friday
<u>August 29</u> Banana Muffin String Cheese  Lucky Charms Cereal Graham Crackers	<u>August 30</u> Banana Muffin String Cheese  Lucky Charms Cereal <b>Graham Crackers</b>	<u>August 31</u> Banana Muffin String Cheese  Lucky Charms Cereal Graham Crackers	<sup>1</sup> Banana Muffin String Cheese  Lucky Charms Cereal Graham Crackers	<sup>2</sup>   No School
<sup>5</sup>   No School	<sup>6</sup> Banana Muffin String Cheese  Lucky Charms Cereal Graham Crackers	<sup>7</sup> Banana Muffin String Cheese  Lucky Charms Cereal Graham Crackers	<sup>8</sup> Banana Muffin String Cheese  Lucky Charms Cereal Graham Crackers	<sup>9</sup> Banana Muffin String Cheese  Lucky Charms Cereal Graham Crackers
<sup>12</sup> Banana Muffin String Cheese  Lucky Charms Cereal Graham Crackers	<sup>13</sup> Banana Muffin String Cheese  Lucky Charms Cereal Graham Crackers	<sup>14</sup> Banana Muffin String Cheese  Lucky Charms Cereal Graham Crackers	<sup>15</sup> Banana Muffin String Cheese  Lucky Charms Cereal Graham Crackers	<sup>16</sup> Banana Muffin String Cheese  Lucky Charms Cereal Graham Crackers
<sup>19</sup> Banana Muffin String Cheese  Lucky Charms Cereal Graham Crackers	<sup>20</sup> Banana Muffin String Cheese  Lucky Charms Cereal Graham Crackers	<sup>21</sup> Banana Muffin String Cheese  Lucky Charms Cereal Graham Crackers	<sup>22</sup> Banana Muffin String Cheese  Lucky Charms Cereal Graham Crackers	<sup>23</sup> Banana Muffin String Cheese  Lucky Charms Cereal Graham Crackers
<sup>26</sup> Banana Muffin String Cheese  Lucky Charms Cereal Graham Crackers	<sup>27</sup> Banana Muffin String Cheese  Lucky Charms Cereal Graham Crackers	<sup>28</sup> Banana Muffin String Cheese  Lucky Charms Cereal Graham Crackers	<sup>29</sup> Banana Muffin String Cheese  Lucky Charms Cereal Graham Crackers	<sup>30</sup> Banana Muffin String Cheese  Lucky Charms Cereal Graham Crackers
All Breakfast come with 100% 4oz juice and 4 oz fruit=1 cup  fresh Fruit could include: Apples, Oranges, Bananas, Pears choice of Milk				

Choices of Milk/Milk alternative: 1% White Milk, Fat Free Strawberry, Fat Free Chocolate, Lactaid